

## Terling Primary School - Lunch Menu

Week One	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Meat Free Pizza Day	Homemade Beef Bolognese	Roast Gammon, Yorkshire Puddings, and Rich Gravy	Fajitas	Fishy Friday Omega 3 Rich Young's Fish Finger
<b>Vegetarian</b>	Cheese and Tomato or Smoky BBQ	Quorn Bolognese (V)	Cheesy Bean Yorkshires (V)	Spicy Bean Burger (V)	Vegetable Fingers (V)
<b>Vegetables</b>	Rainbow Pasta Salad	Spaghetti Salad	Roast Potatoes, Sweetheart Cabbage and Sliced Carrots	White Wholemeal Rice and Broccoli	Crispy Chips, Baked Beans and/or Garden Peas
<b>Dessert</b>	Melon Platter	Lemon Drizzle Cake	Tangy Orange Jelly and Spray Cream	Cheesecake and Strawberries	Artic Roll with Fruit Coulis

Week Two	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Meat Free Cheddar and Mozzarella Tomato Pasta Bake	Homemade Chicken Korma Curry	Buffet Day White Deli Roll with Ham Homemade Mini Sausages	Hot Dogs with Onions and Tomato Ketchup	Fishy Friday Birds Eye Jumbo Fish Fingers
<b>Vegetarian</b>	Meat Free Cheddar and Mozzarella Tomato Pasta Bake (V)	Quorn Dippers with Chilli or BBQ Sauce (V)	White Deli Roll with Cheese Homemade Mini Quorn Rolls (V)	Quorn Dog with Onions and Tomato Ketchup (V)	Omelette (V)
<b>Vegetables</b>	Corn Cobbett and Garlic Bread	White and Wholemeal Rice Naan bread	Homemade Potato Salad, Pasta Salad, Coleslaw and Assorted Pickles	½ Jacket Potato, Baked Beans and Salad	Crispy Chips, Baked Beans and/or Garden Peas
<b>Dessert</b>	Chocolate sponge with Chocolate Sauce	Melon Platter	Pips 100% Organic Fruit Ice Lolly	Chocolate Chunky Flapjack	Peaches and Ice Cream

Week Three	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main</b>	Meat Free Linda McCartney Veggie Sausage Rolls Or	Homemade Meatballs Served with Rich Tomato Sauce	Roast Chicken served with Yorkshires, and Rich Gravy	Homemade Lasagne	Fishy Friday Harry Ramsdens Fish Fillet
<b>Vegetarian</b>	Cheddar Whirls (V)	Quorn Balls Served with Rich Tomato Sauce (V)	Sticky BBQ Quorn Fillet (V)	Mac and Cheese (V)	Quorn Dippers (V)
<b>Vegetables</b>	New Potatoes Herby Diced Potatoes Sweetcorn	Tri Pasta and Garlic Bread	Roast Potatoes, Cauliflower Cheese and Sliced Carrots	Broccoli	Crispy Chips, Garden Peas and/or Baked Beans
<b>Dessert</b>	Fruit Crumble and Custard	Melon Platter	Angel Delight and Strawberries	Yoghurt Dip with a Honey Oat Bite	Fruit Cocktail Ice Cream

**Jacket Potato with either Cheese, Beans or Tuna Mayonnaise now available every day as an alternative menu choice**

**Fruit or Yoghurts are available everyday as an alternative dessert choice**

**Fresh Water and Milk served everyday**

**Price: £2:40 per day**

Effective from: Week 1 – Monday 3<sup>rd</sup> June 2019