



DANCE FITNESS & TONING CLASS

TERLING VILLAGE HALL

Monday evening 7.30 – 8.30

Wednesday morning 9 – 10

WHITE NOTLEY VILLAGE HALL

Wednesday evening 7.30 - 8.30

Friday morning 9 – 10

First class free then £5 per class

Personal Training available

Call Debbie on 07710 939083

Email debbiedancing@hotmail.co.uk

WHY NOT HAVE FUN WHILST YOU WORKOUT